



SENDIASS

Staffordshire Family Partnership



Welcome to our September newsletter.

We hope you all had a lovely summer!

All the team here at SENDIASS are extremely excited about launching this newsletter to support families, carers, and young people with SEND in our community.

We are keen to keep you informed with information relevant to SEND in Staffordshire. Regular updates can also be found on our Facebook page

: **Staffordshire SENDIASS**

TAKE A LOOK INSIDE

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- **Resources to Support Young People with Anxiety**
- **Changes to Mental Health Services**
- **Events**
- **What Support SENDIASS can offer**

Special Educational Needs in Mainstream

Educational settings can offer Special Educational Needs (SEN) support to children who require additional or different support that is generally given to most children or young people of the same age. This approach is known as the graduated response.

The SEN support process follows a structured cycle: assessing the child's progress, planning and implementing suitable support measures, and regularly reviewing the child's or young person's development. This is known as 'Enhanced Assess, Plan, Do, Review (EAPDR)'

Please click on the link below for more information:

[Staffordshire Connects | The graduated response - SEN Support in Settings](#)



Moving to a New Phase of Education with an EHC Plan

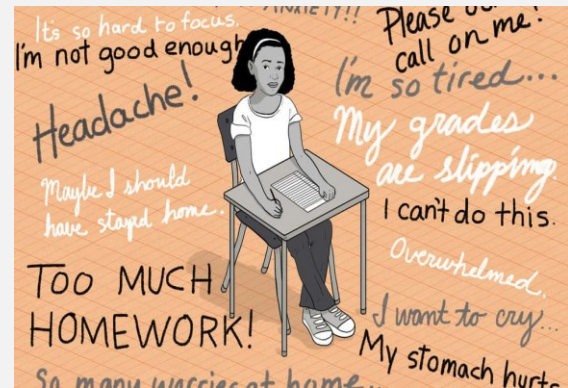
Phase Transfers are a statutory process through the annual review pathway that is completed every year when a student with an EHCP moves from one educational setting to another e.g. from primary to high school.

The Local authority must review and amend where necessary, the child's or young person's EHC plan before:

- a) 31st March in the calendar year of the child or young person's transfer from Secondary school to post 16 institution and:
- b) 15th February in the calendar year of the child's transfer in any other case, and where necessary amend the EHC plan so that it names the school, post-16 or other institution, or type of school or institution, which the child or young person will attend following that transfer."



Resources to Support Young People with Anxiety



Action for Children

Action for Children is an emotional health and wellbeing service. The service will support children and young people living in Staffordshire aged 5 to 18 years who are experiencing emotional health difficulties and need support to improve their wellbeing.

Call: 01782 977877

Email: staffordshireEWB@actionforchildren.org.uk

Website: [Staffordshire Emotional Health and Wellbeing Service \(actionforchildren.org.uk\)](https://www.actionforchildren.org.uk/staffordshire-emotional-health-and-wellbeing-service)

Young Minds

Provide young people with the tools to look after their mental health. They offer support to adults to enable them to be the best support they can be to the young people in their lives.

Website: www.youngminds.org.uk

For more services in Social, Emotional and Mental Health within Staffordshire please click on the link below:

[Staffordshire Connects | Listings in Social, emotional and mental health](#)

Changes to Mental Health Services

As of the end of June 2024, The Clubhouse Network, Safe Spaces and Staffordshire Mental Health Helpline has come to an end.

The Clubhouse Network

Two replacement Wellbeing Centres have now opened and are available at:

The Dudson Centre

Hope St, Hanley

Stoke-on-Trent ST1 5DD

Monday to Friday

9:30am – 4:30pm

Meir Community Education Centre

Pickford Place, Meir

Stoke-on-Trent ST3 7DY

Monday to Friday

9:30am – 2:30pm

Wellbeing Centres offer designated quiet areas, group and 1-2-1 spaces, and opportunities to connect with others who, through their lived experience of mental health recovery, can offer empathy, understanding, and encouragement.

For more information, please contact Changes on: 01782 411433 or stoke@changes.org.uk



Changes to Mental Health Services continued...

For anyone who has previously used the Brighter Futures Mental Health Helpline, please see below for alternative support:

Organisation	Description	Contact Number
SANELine	This is a national out of hours mental health helpline. It offers specialist emotional support, guidance, and information to anyone affected by mental illness, including family, friends and carers.	Available on 0300 304 7000 (Every day between 4pm – 10pm) support@sane.org.uk however, there is normally a 72-hour turnaround time for replies.
Samaritans	This is a national helpline. It offers support for anyone who's struggling to cope.	Available on 116 123 (free from any phone, 24 hours a day 365 days a year)
National Suicide Prevention Helpline UK	This is a national helpline for those struggling with mental well – being or thoughts of suicide.	Available on 0800 689 5652 (6pm – midnight every day)
CALM	Offers support services, information and advice on a range of issues.	Available on 0800 58 58 58 (5pm – midnight every day). They also have a webchat service
SHOUT	Offers mental health support for anyone struggling.	Available via text, if you message SHOUT to 85258. Shout offers a confidential 24/7 text service if you are in a crisis and need immediate help.
Papyrus HOPELINE UK	For under 35-year-olds, struggling with suicidal feelings or concerns about a young person who might be struggling.	Available on 0800 068 4141 (24 hours, 7 days a week) or text 07786 209 697.
Nightline	Nightline offers a unique listening service, providing emotional support and information to students across the country.	Students can look on the Nightline website to see if their university or college offers a night-time listening service. Nightline phone operators are all students too.

Events coming up



Date	Event	Details
02.10.24	Staffordshire Parent Carer Forum Conference. 'Together We Thrive' Event. Staffordshire County Showground 9.30am – 4.30pm	Find out what SEND services are available in your local area to help young people and families to thrive. Discover a wide range of support & advice from SEND specialists, professionals and organisations on how to navigate the system and get the best outcomes for your families and education settings. Drop-in session at the SENDIASS stall so no booking required. Please see attached flyer for more details.
04.10.24	Chesterton Sports College 9am – 10.30am	Coffee Morning to be held at Chesterton Sport College. SENDIASS to be in attendance. Please see college directly for further information

Events coming up

Date	Event	Details
19.11.24	<p>Sleep Hygiene Workshop – Face to Face</p> <p>Stafford Children’s Centre, Faraday Road, Stafford.</p> <p>09.30am – 2.30pm</p>	<p>We are delighted to offer this FREE workshop to parents and carers of children and young people with SEND living in Staffordshire.</p> <p>The workshop is being delivered by Paul Andre from Midlands Partnership Foundation Trust.</p> <p>A FREE light buffet lunch will also be provided.</p> <p>Places are extremely limited and will be offered on a first come first served basis and therefore booking is essential.</p> <p>This event hasn’t been advertised yet, please keep a look out for the email with details on how to book.</p>

Date	Event	Details
25.11.24	<p>Sleep Hygiene Workshop - Online</p> <p>Microsoft Teams</p> <p>6pm – 8pm</p>	<p>We are delighted to offer this FREE workshop to parents and carers of children and young people with SEND living in Staffordshire.</p> <p>The workshop is being delivered by Paul Andre from Midlands Partnership Foundation Trust.</p> <p>Places are unlimited however booking is required.</p> <p>This event hasn’t been advertised yet, please keep a look out for the email with details on how to book.</p>

Events coming up

Date	Event	Details
23.01.25	<p>Understanding Behaviour Workshop – Face to Face</p> <p>Stafford Children’s Centre, Faraday Road, Stafford.</p> <p>09.30am – 2.30pm</p>	<p>We are delighted to offer this FREE workshop to parents and carers of children and young people with SEND living in Staffordshire.</p> <p>The workshop is being delivered by Adele Plant a Specialist Practitioner within the Behaviour Support Service.</p> <p>The workshop is primarily aimed at children in key stages 1, 2 and 3.</p> <p>The session will try to uncover what messages your child might be trying to tell you through their behaviour.</p> <p>There will be a small amount of theory and understanding of behaviour, including security and attachment, and will also include some practical activities and relaxation techniques for you to try at home.</p> <p>A FREE light buffet lunch will also be provided.</p> <p>Places are extremely limited and will be offered on a first come first served basis and therefore booking is essential.</p> <p>This event hasn’t been advertised yet, please keep a look out for the email with details on how to book.</p>

Events coming up

Dates	Events	Details
30.01.25	Understanding Behaviour Workshop - Online Microsoft Teams 6pm – 8pm	<p>We are delighted to offer this FREE workshop to parents and carers of children and young people with SEND living in Staffordshire.</p> <p>The workshop is being delivered by Adele Plant a Specialist Practitioner within the Behaviour Support Service.</p> <p>The workshop is primarily aimed at children in key stages 1, 2 and 3.</p> <p>The session will try to uncover what messages your child might be trying to tell you through their behaviour.</p> <p>There will be a small amount of theory and understanding of behaviour, including security and attachment, and will also include some practical activities and relaxation techniques for you to try at home.</p> <p>Places are unlimited however booking is required.</p> <p>This event hasn't been advertised yet, please keep a look out for the email with details on how to book.</p>



TOGETHER WE THRIVE 2024 FOR STANDHOLDERS

A free one-stop shop for parents & carers, education providers and young people with SEND.

Book a stand at our marketplace of SEND services, inspiring speakers, experienced trainers and professionals sharing practical ideas and expertise for SEND families.



DATE & LOCATION

Staffordshire County Showground
Ingestre Suite
Wednesday 2nd October 2024
9.30am – 4.30pm

ON THE DAY

- **Keynote speakers:**
 - Dean Beadle- Autistic Speaker
 - Halit Hulusi- Head of SEND, SCC
 - Staffordshire's Hearing & Sight Inclusion Team
 - SENDIASS
 - Relational & Restorative Practice Team
- **Awareness Workshops:**
 - Whose Shoes - MPFT
 - Oliver McGowan Training
- **Marketplace:**
 - NHS & Local Authority Teams
 - Family Hub
 - Further Education Providers
 - Charities and Community Groups

**FOR MORE INFORMATION
CONTACT STAFFORDSHIRE
PARENT CARER FORUM:**
info@staffspcf.co.uk

**BOOK A STAND FOR YOUR
ORGANISATION**

Funded By:

 **Staffordshire and
Stoke-on-Trent**
Integrated Care System



What support SENDIASS can offer

We are Staffordshire's Information, Advice and Support service for parents and carers of children with Special Educational Needs and Disabilities aged 0- 25 and children and young people with Special Educational Needs and Disabilities aged 0- 25 and can support with issues around education, health and social care. We are impartial, confidential and free.

Helpline: 01785 356921

Email: sfps@staffordshire.gov.uk

Our opening hours are:

Monday: 9am-5pm

Tuesday: 9am – 5pm

Wednesday: 9am – 5pm

Thursday: 9am – 5pm

Friday: 9am – 4.30pm

Saturday: Closed

Sunday: Closed

Please note:

You can ring us out of office hours during the week and weekend, please leave us a message and we will pick it up the next working day.