



Weekly Bulletin 7th September 2026

[Headteacher's message](#)

I am delighted to share that we have successfully completed our first week back at TREA. It has been wonderful to see students return looking smart, focused and ready to learn.

Our students have made an excellent start to the year by embracing the **TREA Way**: being **Ready, Respectful and Responsible**. They have adapted brilliantly to our updated uniform expectations, and it has been fantastic to see so many students proudly wearing their blazers or jumpers.

Throughout the week, students have been courteous, positive and clearly pleased to be reunited with their friends. Classrooms have been purposeful and productive, with students engaging enthusiastically in their learning and building on the strong foundations established last year.

A particular welcome goes to all our new students joining the TREA family. It has been a pleasure to welcome our Year 7 students as they begin their secondary school journey, as well as those who have joined us in Years 8, 9 and 10. We are delighted to have you with us and look forward to seeing you thrive as part of our school community.

Key Dates



Monday 14th September - NGRT reading test during computer lessons (all week)

Thursday 17th September - Year 10 Welcome to GCSEs Parents evening 5-6pm

Monday 21st September - School photographs

Meet Grace: Mental Health Support for Students and Families at The Rural Enterprise Academy

GRACE YOUR EMHP!



Show

We are delighted to introduce **Grace**, our **Trainee Educational Mental Health Practitioner (EMHP)** from the Seisdon Mental Health Support Team (MHST).

Grace works alongside students, families and staff to promote positive mental health and wellbeing across our school community. Through MHST, students can access support for challenges such as anxiety, low mood, exam stress, sleep difficulties, emotional regulation and coping strategies.

Benefits of MHST support include:

- Early intervention and support
- Practical tools and coping strategies
- Improved confidence and emotional resilience
- Support for parents and carers
- A collaborative approach between home, school and mental health professionals

"We're committed to building a mentally healthy school environment, helping all members of the school community to feel confident, resilient and independent around their mental wellbeing."

For further information, please see the resources below and keep an eye on **Class Charts** and the school's **Facebook page** for updates, support and wellbeing advice.

If you would like to discuss support for your child or find out more about the referral process, please contact our SEND team at **sen@ruralenterpriseacademy.com**.

Working Together to Support Focus and Learning



At school, we are committed to helping every student feel comfortable, regulated and ready to learn.

Following discussions with students and consideration of current research, we have found that simple items such as **worry stone** or a small piece of **Blu Tack** are often the most effective at supporting concentration without becoming a distraction. As a result, we are simplifying our approach in school.

Recently, we have noticed an increase in students bringing toys and novelty fidget items into school and placing them on their desks. Unfortunately, these can distract students from learning and have sometimes led to disagreements between students. We are also concerned about squeeze toys and similar items that can pop or break, as these can present a safety risk.

From 2nd September 2026, students who feel they benefit from a **worry stone** or a small piece of **Blu Tack** may bring these to use in lessons.

We will also have these available in classrooms for any student who needs them, so there is no expectation for families to provide them. We ask that all other fidget toys, novelty items and desk toys remain at home.

Thank you for your continued support in helping us create a calm, safe and focused learning environment for all students. If you have any questions or concerns, please contact the SEND team at sen@ruralenterpriseacademy.com.

Mrs. Fiddler

SENCO

Equipment Checklist 2026–27

READY TO LEARN EVERY DAY

Students should bring the following essential equipment to school every day.

Writing Equipment

 2 black or blue pens

 2 pencils

 Green self/peer assessment pen

 30cm ruler

 Eraser

 sharpener

 Glue stick

Learning Equipment

 Reading book

 Scientific calculator

 Maths set (including protractor and compass)

Be Prepared

Having the correct equipment every day helps students:

- Be ready to learn from the start of every lesson

- Work independently and confidently
- Fully participate in classroom activities
- Achieve their best

 **Equipment checks will take place regularly and tutors will follow up where items are missing.**