



Weekly Bulletin 27th April 2026

[Headteacher's Message](#)

Supporting Your Child During the GCSE & BTEC Exam Period

As we move into the GCSE and BTEC exam season, this can be a stressful time for young people. Parents and carers play a vital role in helping students feel calm, confident, and prepared. A few simple but effective strategies at home can make a big difference.

Prioritise sleep and routine

Sleep is essential for memory, concentration, and emotional wellbeing. Encourage your child to maintain a regular bedtime, even during revision periods, and avoid late-night cramming. A well-rested student is far more likely to perform at their best.

Encourage a balanced diet

Healthy meals and regular hydration support energy levels and focus. While exams may tempt students to rely on snacks and caffeine, balanced meals and regular breaks help keep both mind and body working effectively.

Support effective revision habits

Help your child prioritise revision by encouraging short, focused sessions rather than long, stressful ones. A simple revision timetable can provide structure and help them balance different subjects without becoming overwhelmed. Showing interest in what they are revising and praising effort (not just results) can boost motivation.

Create a calm and positive environment

Try to keep home routines as calm and supportive as possible. Reassure your child that exams are important, but not a measure of their worth. Encouragement, understanding, and patience go a long way in helping students manage pressure.

By working together, we can help students approach their exams feeling supported, confident, and ready to do their best.

Key Dates



1st May - BTEC Animal Care exam (Year 11)

4th May - Early Spring Bank Holiday

6th May - BTEC Enterprise exam (Year 11)

7th May - BTEC Sport exam (Year 11)

11th May - GCSE exams begin (Year 11)

22nd May - Year 11 Leavers Picnic

22nd May - End of Summer 1 term (3:30pm)

Year 9 Options



As we enter the final term of Year 9, it is time to look ahead to Key Stage 4. A vital part of this transition is selecting the vocational pathway that best suits your child's interests and future aspirations.

This year, we are offering three high-quality vocational subjects: Sport, iMedia, and Engineering. To ensure we meet the needs of our students, we ask you to submit a "First" and "Second" choice preference via the link attached.

Please note: *Based on student demand, we will be running two of these three courses. Your input is essential in helping us finalise the curriculum offer.*

Action Required:

*Please discuss these options with your child and complete the digital preference form by **Tuesday 5th May 2026.***

*This will enable us to allocate classes with a target to inform students and parent/carers of their options choices by **Wednesday 20th May 2026.***

Link to Preference Form: <https://forms.cloud.microsoft/e/APxmCpY0Qm>

If there are any further questions regarding year 9 options, please do not hesitate to get in contact with the school.

Many Thanks

Dr Dan Horton, Assistant Headteacher (Curriculum)

TREA - Year 9 Options Preference
Form

