

ELSA INTENT

ELSA is an Emotional Literacy development strategy that creates bespoke interventions for our students on a 1-1 basis working towards achievable outcomes. Our aim is to ensure that the emotional needs of our students are being met by recognising, understanding and responding to both their intrapersonal skills and interpersonal skills. This support aims to break down barriers, therefore positively impacting on their academic achievements.

ELSAs are Emotional Literacy Support Assistants; Teaching Assistants who have received specific additional training from educational psychologists from whom they receive ongoing supervision following training. With their support our pupils gain transferable skills and knowledge which enables them to leave The Rural Enterprise Academy ready for the next stage of their learning.

ELSA IMPLEMENTATIONS

Their role is to support children and young people in school to understand and regulate their own emotions whilst also respecting the feelings of those around them.

ELSA benefits learners with high levels of SEND - its individual interventions are designed to be supportive and to meet specific needs.

ELSA will be conducted on a 1-1 basis after staff referral forms have been raised. The ELSA's will identify the individual's needs and tailor sessions to address those needs.

ELSA's will liaise with students, staff and parents to ensure full support for our students.

The interventions will last between 6-12 weeks.

The interventions are designed to help with one of the following strands:

- Social Skills
- Friendships and Relationships
- Emotional Regulation
- Self-organisation
- Loss and Change

ELSA IMPACT

ELSA training provides Teaching Assistance with a basis psychological understanding of the principal needs underpinning healthy emotional development in children. Through the individual sessions and continued ELSA support students will have the ability to express themselves confidently. By recognising the needs of the students early and implementing interventions we hope to reduce the number of students requiring the support of external agencies to meet their needs.

All children should be nurtured in accordance with their individual needs. There will always be children and young people in schools facing life challenges that detract from their ability to engage with learning, and some will require greater support to increase their emotional literacy than others. Tailoring sessions to meet these specific needs will help our students to access the curriculum with confidence. ELSA interventions are structured and personal. ELSA's impact individuals on a very personal level, whilst always aiming to support all students to achieve their maximum potential.